



Phi Theta Kappa

Upsilon Kappa Chapter

Upsilon Kappa Quilt Project
c/o Pamela Yeager, Fin. Aid
3201 Southwest Trafficway
Kansas City, MO 64111

Visit our website for more info and updates:
<http://mckkc.edu/pennvalley/ptk/>
<http://groups.yahoo.com/groups/PTKfellowship/>

The Phi Theta Kappa International Honor Society.

“Keep America Beautiful” Quilt Contract Agreement

I/We, _____ agree to commit to helping my community and environment stay green by adopting the below checked methods over the next year (spring 2006-2007). In return, my/my chapter's name will be signed on the “Keep America Beautiful” quilt produced by the Upsilon Kappa chapter.

1. set up recycle bins for home, office or school
2. recycle newspapers
3. organize a trash pickup along a highway
4. plant a community garden
5. plant a tree
6. buy milk that comes in bottles
7. buy locally produced food goods
8. buy recycled paper goods
9. choose paper over plastic bags
10. recycle ink cartridges at local office supply stores
11. use reusable mugs for drinks
12. minimize Styrofoam usage by substituting foil or paper
13. volunteer for Keep America Beautiful (<http://www.kab.org/>)
14. organize a school or park cleanup in your neighborhood
15. read books about conservation to children
16. conserve energy by using cold water for laundry
17. reuse shopping bags or buy cloth bags
18. donate old clothes to local organizations
19. organize carpools to events/workplace
20. bicycle once a week instead of driving
21. turn off appliances/lights when not in use
22. conserve paper by using email whenever possible
23. save paper by using back sides as scratch paper
24. turn off the water while brushing your teeth/when not in use
25. other _____

You and/or your chapter should keep a copy of this form as record of your participation in the project, and submit a copy of this form to your advisor for recognition towards the 5-star program. Please send a copy of this form to our chapter at the address above for our records as well.

Thank you for your participation in our quilt!