



TRC Meeting 9/20/2024

Attendance:

Fred	Wise	Y
Tina	Hafner	-
Cynthia	Ginn	Y
Nicole	Pflum	-
Kim	Fernandes	Y
Jason	Thornley	Y
Caroline	Milton	Y
Marline	Faherty	Y
Jenny	Steen	Y
Rosemary	Martin	-
Abby	Stevenson	Y

Agenda:

1. October Calendar of Events

a. Total Rewards Statements

i. Jenny Steen did not receive hers in the mail (Tina to follow-up)

ii. Faculty questions (Jason Thornley):

1) Estimated Compensation for holidays/campus closure - where does this calculation come from?

a) The contract (7.i.1) states 39 weeks + holidays not included.

Answer to 1 + 1a: These amounts are not incorporated into the total compensation. The amounts are not the employees balances, but what they will earn this year. They were added to show the % of the employees pay that is paid time off. For faculty holiday we took the number of days received (7 days) times (7 hours) per day (49) times "hourly rate"(salary/1820(hours per year)) to get the dollar amount. The same formula was used for sick (12 days) and campus closure (14 days).

2) What is "other compensation"?

Answer to 2: The other compensation was jury duty, emergency closure, evaluation pay, gift card taxable, substitute pay, and bereavement pay.



3) Tina/Fred to follow-up with questions 1, 1a and 2.

b. Biometric Screenings

- i. Send the flyers to this TRC group
- ii. Send special edition HR news to announce

c. Health Fairs

d. FitPros LIVE Launch

- i. Question: Does it sync to health data from a phone?

1) Answer: See attached.

2. PAS EAP Review of Concerns

- a. Kim Fernandes expressed thanks for the follow-up

3. Aetna Achieve

- a. Dr. Thornley preferred a la carte but wants to continue the screenings
- b. Marline Faherty preferred the convenience of having the biometrics onsite, upgrading the Aetna platform
- c. Jenny Steen - agrees with above comments
- d. Cynthia Ginn - agrees with above comments
- e. Kim Fernandes - n/a

4. Open Items

n/a



About Automatic Activity Syncing

FitPros will automatically sync certain activity types to make participating in challenges easy. However, there are some differences in how this works depending on the type of device and apps you're using.

Minimum System Requirements for Activity Syncing

Following are the minimum operating system, web browser requirements, and mobile devices for using the FitPros app from a mobile device and desktop computer:

Mobile Devices

- iPhone 6S or above, running iOS 15.0 or above
- Most Android devices running operating system 8.0

Desktop Computers

- MacOS 10.15 running Safari 14.1.2 or Chrome 113
- Windows 10 running Microsoft Edge or Chrome 109

Using iPhone or Android Without a Wearable

If you don't have a wearable device such as an Apple Watch or Garmin, don't worry, most activities are still tracked directly by your iPhone or Android smartphone.

Using iPhone or Android Smartphones With a Wearable Device

Due to the wide range of wearable devices and the importance of security and privacy when sharing personal health data, there are some nuances in how wearables work with FitPros. The tables below indicate options for syncing activity data:

iPhone Ecosystem	Steps Data	Miles Data	Syncs with FitPros via Apple Health App	Syncs with FitPros via 3rd Party App	Manual Entry Into FitPros App	Recommended Health Data App
iPhone (without a wearable)	✓	✓	✓	na	✓	Apple Health
Apple Watch	✓	✓	✓	na	✓	Apple Health
Garmin Wearables	✓	✓	✓	na	✓	Apple Health



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Samsung Smart Watches	✓	✓	X	✓	✓	Samsung Galaxy Watch (Gear S)
FitBit Wearables	✓	✓	X	✓	✓	Power Sync for Fitbit
Android Ecosystem	Steps Data	Miles Data	Syns Directly FitPros	Syns with FitPros via 3rd Party App	Manual Entry Into FitPros App	Recommended Health Data App
Android (without a wearable)	✓	✓	✓	na	✓	**
Garmin Wearables	✓	✓	X	X	✓	**
Samsung Smart Watches	✓	✓	X	X	✓	**
FitBit Wearables	✓	✓	X	X	✓	**

** Google has recently transitioned its health data intermediary app from [Google Fit which is now discontinued](#), to [Health Connect](#) which is currently in beta. When Google starts approving 3rd party developer access to Health Connect, we will be able to support any wearable device's automated activity sharing that can be shared with Health Connect. Over time, we expect this to be the majority of the wearables market.

Make Sure Activity Sharing is Turned On

The first time you join a challenge FitPros will request access to share activity data that is already being collected by your smartphone.

You can verify that activity syncing is turned on:

1. Go to "My Profile" in the bottom navigation
2. Tap "Events & Workout Stats"
3. A "Challenge Workout Logs" screen will appear and you should see at least one entry being made every day
4. If this screen is blank, it means that your activity data isn't automatically syncing. If you'd like to activate syncing, [see below](#).



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How to Enable Activity Sharing

If you have confirmed that your “Challenge Workout Logs” screen is blank ([see above for step-by-step instructions](#)), and you would like to begin syncing your activity data, follow these steps:

1. Join at least one challenge your company is currently running
 1. Note: If your company is not currently running any challenges there will be no activity data to sync. Wait until your company runs its first challenge and try syncing your activity again
 2. Upon joining your first challenge, you should be prompted to allow activity data to be shared between FitPros and your smartphone. Make sure you allow sharing in order to activate automatic activity syncing
 3. Wait 24 hours and then [check your “Challenge Workout Logs” again](#). If the “Challenge Workout Logs” screen is still empty:
 4. iPhone users:
 1. Open the Health app. (This is Apple’s built-in health data app)
 2. Tap “Browse” in the bottom navigation and enter “Steps” in the search bar at the top of the screen
 3. Scroll down to the bottom of the Steps activity and tap “Data Sources & Access”
 4. “FitPros” should appear in the list of apps and services allowed to read data. Make sure FitPros is toggled to the on-position
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1. **Android users:**
 1. In some versions of Android you will be prompted to allow activity data to be shared with FitPros. In other versions, sharing may happen automatically without a prompt



2. If you would like to verify if activity data is being shared with FitPros, [you can follow these steps](#)

1. If you want to allow access after you've previously selected "Don't allow", or if you want to verify the status of your activity permissions, you can enable access at any time with the following steps:
 1. Open Settings
 2. Navigate to Apps and find FitPros
 3. Tap "Permissions" and then "Physical activity"
 4. Change the selection to "Allow"
2. FitPros should now be receiving activity information. Wait at least 24 hours and then follow [these steps to confirm](#) that data is being shared.