

**Metropolitan Community College-Penn Valley-HSI
PHYSICAL THERAPIST ASSISTANT PROGRAM
MEDICAL RELEASE FORM**

All critical skills necessary to practice Physical therapy effectively and safely are incorporated in the curriculum. Published requirements to complete the MCC-Penn Valley-HSI Physical Therapist Assistant Program reflect those clinical skills. To be successful in the program, the following information is of importance. The student will be able to demonstrate:

1. the ability to earn a grade of "C" or better in all Physical Therapy and Biology coursework after being admitted into the Program.
2. minimal competence in ALL major course objectives which include but are not limited to the ability to:
 - a. utilize written, verbal and/or non-verbal communication.
 - b. establish and maintain appropriate relationships with client and family conducive to achieving treatment goals established, and contribute positively to interdepartmental and intradepartmental relationships.
 - c. perform measurements; communicate with therapist in the establishment of treatment goals; and assist with discharge planning.
 - d. consistently perform programs as related to physical therapist evaluation, contact physician and/or other health care personnel and/or family, revise and/or progress treatment program as indicated without being prompted, use appropriate methods of instruction and feedback to ensure correct performance of procedures, assist with the determination of maximum potential achievement and advise therapist.
 - e. assess/treat, perform or teach therapeutic exercise, gait training, self-help training, superficial heat/cold, deep heat, electrotherapy and selected techniques.
 - f. demonstrate personal and professional qualities such as appropriate judgment, flexibility, self confidence, resourcefulness and tact.
 - g. demonstrate ethical and professional abilities.
 - h. demonstrate administrative skills including time management, appropriate utilization of supportive personnel and develop and teach in-service programs.
3. ability to handle the stress of an intensive academic and clinical training program.
4. ability to apply standard precautions
5. ability to perform CPR and maintenance of current CPR certification.
6. verify that the medical status of _____ does not prevent him/her from performing
(STUDENT NAME)
the above mentioned duties in a safe manner.

(ATTENDING PHYSICIAN)

(DATE)