



# Metropolitan Community College

Blue River | Business & Technology | Longview | Maple Woods | Penn Valley

## **Biennial Review of Alcohol and Other Drugs Prevention Program 2019 & 2020**

**Review Completed April 9, 2020**

**Preparing Students, Serving Communities, Creating Opportunities.**

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## **Preface**

The Metropolitan Community College Biennial Review qualifies for fulfillment of the Drug-Free Schools and Campuses Regulation that requires institutions of higher education to conduct a biennial review of their alcohol and other drug programs and policies (EDGAR Part 86.100).

## **The Drug-Free Schools and Communities Act**

The Drug-Free Schools and Communities Act (DFSCA) requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, institutions of higher education collect information regarding drug and alcohol prevention policies, procedures and programs for students and college employees both on school premises and as part of any of its activities.

In order to certify its compliance with the regulations, a college or university must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities.

Creating a program that complies with the regulations requires institutions to do the following:

- Prepare a written policy on alcohol and other drugs.
- Develop a sound method for distribution of the policy to every student, faculty and staff member each year.
- Prepare a biennial review report on the effectiveness of its alcohol and other drug programs and the consistency of policy enforcement.
- Maintain its biennial review report on file so that it can be submitted, if requested by the U.S. Department of Education, other entity or individual.

## **Compliance with the DFSCA**

MCC continues to remain in compliance with the requirements of the Drug-Free Schools and Communities Act. The institution has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by students and employees on its premises and as a part of any of its activities, as demonstrated through this biennial review. Also, MCC has a policy on alcohol and other drugs (AOD) and has developed a thorough method for distributing this policy to every student and employee.

Metropolitan Community College (MCC) conducted a review as required for the years 2019 and 2020. A hard copy of this report is available with each of MCC's five campus Deans of Student Development, the district's Associate Vice Chancellor of Student Financial Services, and the Student Consumer Information section on the MCC website <http://mcckc.edu/our-students/consumer-info/stuconfirmationinfo.aspx>.

## **MCC's Drug and Alcohol Policy**

MCC is committed to a safe, secure, healthful, drug-free work, campus, and community environment, and has adopted the Drug-Free Schools and Communities Act and Drug-Free Workplace Act standards as part of its policies. All applicable alcohol and drug regulations, including federal and state underage drinking laws, are enforced. The unlawful possession, use, and/or sale of alcoholic beverages and illegal drugs are specifically prohibited, and violations carry substantial sanctions up to and including expulsion or termination of employment and/or referral for prosecution. MCC standards of conduct prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on the college's property or as part of any of its activities. Alcohol is permitted on college property only in certain limited circumstances when required approvals have been obtained.

## **Materials Reviewed, Processes and Programming**

- The following materials and programs were examined for the biennial review:
  - Past MCC Biennial Reviews and Data
  - MCC Catalog and Student Handbook
  - MCC Annual Security Reports
  - MCC Drug and Alcohol Prevention Policy
  - MCC Drug-Free Workplace Policy
  - MCC Health Services Substance Abuse website
  - MCC Public Safety Drug and Alcohol Prevention Policy websites
  - MCC Student Services Code of Conduct Alcohol/Drug Violations
  - MCC Student Conduct Regulations
  - MCC Tobacco Free Policy
  - The Higher Education Amendments of 1998, (P.L. 105-244) and the Drug-Free Schools and Communities Act Amendments of 1989, (P.L. 101-226)
  - The Alcohol and Other drug programs and policies (EDGAR Part 86.100)
  - Alcohol and Other Drug Policy documents available to all faculty, students, and staff
  - Counseling Center and Veteran Services listing on the Alcohol and Drug Programs
  - Campus Events Alcohol Use Policy and Procedure
  - Missouri Alcoholic Beverages Laws

During the years of 2019 and 2020, MCC continued implementing effective programs which have supported the district's low number of alcohol and drug-related incidents. MCC's students, faculty and staff engaged in interactive activities and programs, counselor focus groups, dean's meetings with DFSCA dialog, student surveys and Biennial Review Committee meetings involving many MCC employees, including the following:

- Ms. Karen Moore-Associate Vice Chancellor of Student Success and Engagement
- Dr. Jon Burke-Dean of Student Development MCC-Blue River & MCC-Business and Technology
- Dr. Diana McElroy-Dean of Student Development MCC-Longview
- Mr. Terrell Tigner-Dean of Student Development MCC-Maple Woods
- Mr. Eric Thompson/Ms. Chelsia Potts- Interim Dean of Student Development MCC-Penn Valley
- 12 MCC Counselors representing each of the five campuses.
- Biennial Review Committee: Kim Fernandes-Director of Student Disability Services, Dr. Jon Burke-MCC-Blue River & Business and Technology Dean of Student Development, Mr. Clayton Robinson-MCC-Maple Woods Counselor, Officer David Cooper-MCC-Longview Campus Police Department

### **Activities Summary**

MCC offers a broad range of alcohol and drug abuse awareness as well as alcohol and drug-free activities. Some of these activities specifically involve evening activities that students statistically tend to engage in. The purpose of these activities is to divert high-risk evening drinking while introducing safe pro-social activities. All student activities are alcohol-free events. There are many student activities throughout the academic year, which encourage student participation while in a fun, alcohol-free environment. A sample of student activities that took place over the last two years includes student club activities, movies, concerts, comedians, speakers, etc. MCC also offers a wide variety of programs and non-touch programming related to drug and alcohol awareness. There is a high level of collaboration between counselors, Campus Life and Leadership staff and Campus Police to provide drug and alcohol programming on each campus.

### **Student Awareness of Policies**

Surveys were given to students at many of the events and activities to measure their level of awareness of MCC's drug and alcohol prevention policies, procedures and programs. The responses show students primary sources of drug, alcohol and other drug awareness were on campus AOD activities, College 100 courses, campus flyers, and pamphlets. MCC explored and implemented additional methods of distributing and communicating the institution's policies and/or procedures related to the use of illicit drugs and the abuse of alcohol. Social media posts related to campus activities and programming continue to improve awareness of events and activities. Student surveys will continue to be conducted to measure the effectiveness of AOD programming awareness.

### **Annual Security Reports**

The Student Right to Know, Campus Security, and Compliance Reports are published on an annual basis as required under The Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, 20 U.S.C. § 1092(f) ("Clery Act") as amended by The Violence Against Women Reauthorization Act of 2013, and includes statistical, policy and procedural information as required by law.

The MCC police department prepares the annual security report to comply with the Clery Act. The crime statistics included in the report are compiled from reports received by the MCC police department, deans of students, chancellor's office and other campus security authorities and from reports provided from local law enforcement agencies. Each year, an email notification is sent to all enrolled students and employees that provides the website to access this report. Copies of the report may also be obtained from the MCC Police Department.

The report includes MCC's Alcohol and Other Drug Policies and Incidences. The data is studied regularly to make decisions for future training and programming for MCC students and personnel.

The full text of this report is accessible from the MCC website at:

<http://mcckc.edu/studentrighttoknow> &

[https://mcckc.edu/our-students/docs/annual\\_security\\_report.pdf](https://mcckc.edu/our-students/docs/annual_security_report.pdf)

There have been no significant increases or decreases in MCC drug and alcohol violations. The data shows continued low numbers of infractions with fewer than **five** drug abuse and liquor law violations reports for all MCC campuses during 2019 and 2020.

### **MCC Websites Providing MCC Policies Related to DFSCA**

Policies and guidelines, which provide information related to alcohol and drugs can be found on the website links as well as in designated offices:

- The Student Consumer Information site has a plethora of links dedicated to the DFSCA:  
<http://mcckc.edu/our-students/consumer-info/stuconfirmationinfo.aspx>
- MCC Drug and Alcohol Awareness  
<http://mcckc.edu/counseling/drug-alcohol/>
- Metropolitan Community College Drug free Workplace, Campus and Community Policies:  
<https://mcckc.edu/our-students/docs/330060BP.pdf>  
<https://mcckc.edu/our-students/docs/330060DR.pdf>
- Drug-Free Workplace, Campus and Community Laws to Know:  
<http://mcckc.edu/counseling/drug-alcohol/mo-federal-laws.aspx>
- Prohibited Student Conduct:  
<http://www.mcckc.edu/codeofconduct>

- Summary of Disciplinary Actions:  
<http://www.mcckc.edu/codeofconduct>
- Missouri Laws Pertaining to Alcohol  
<https://www.alcoholproblemsandsolutions.org/missouri-alcohol-laws-wise-to-know/>

### **Campus Drug & Alcohol Resources and Programs**

Each campus has developed a process to address the use of illicit drugs and abuse of alcohol by students and employees. The programs include the distribution of informational materials, educational programs, referrals, and college disciplinary actions. Students with alcohol or drug-related problems are encouraged to contact the campus counseling office for referrals to private and community agencies. Employees with alcohol or drug-related problems are encouraged to contact the MCC human resources office for information and referral to the district employee assistance program.

<http://mcckc.edu/counseling/drug-alcohol/resources-programs.aspx>

### **MCC Cares**

Metropolitan Community College (MCC) cares about the health, safety, and success of our students and campus community. MCC Cares coordinates existing resources that have been established to promote the health and safety of our community.

<http://mcckc.edu/mcc-cares/>

### **MCC Student Code of Conduct DFSCA**

MCC is committed to maintaining a teaching and learning environment that fosters critical thinking, creativity, personal integrity, and positive self-esteem. The intent of the Student Code of Conduct is to define a collegiate standard of behavior and to describe the actions to be taken if a person disregards this standard. As such, MCC's standards of conduct prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on the college's property or as part of any of its activities. Alcohol is permitted on college property only in certain limited circumstances when required approvals have been obtained.

All applicable alcohol and drug regulations, including federal and state underage drinking laws, are enforced. The unlawful possession, use, and/or sale of alcoholic beverages and illegal drugs are specifically prohibited, and violations carry substantial sanctions up to and including expulsion or termination of employment and/or referral for prosecution. (See MCC Board Policy and District Regulation 3.30060, §§195.003, RSMo et. seq.) The state of Missouri sets the minimum age to purchase or possess any alcoholic beverage at 21. Specific ordinances regarding violations of alcohol laws, including driving while intoxicated are available from the MCC Police Department. The number of arrests, referrals and disciplinary actions related to drug abuse and liquor law violations at the institutional level for all of our campuses for the time period of this review is very low (see Campus Safety and Security report).

### **Missouri Partners in Prevention MACHB 2020 Data**

In 2020, MCC partnered with Missouri Partners in Prevention to assess MCC students' attitudes and behaviors related to drugs and alcohol and mental health. A total of 267 students from all five campuses participated for a return rate of 18%. The MCC results were compared with survey results from other Missouri institutions of higher education. Below are the overall findings related to drugs and alcohol. From the data, it appears that programming related to prescription drug use and

tobacco/nicotine use could be particularly useful at MCC. Two MCC campuses held a student program on vaping after these results were compiled.

Survey Question	MCC	Other MO Colleges
Used alcohol in the past year	72%	73%
Used alcohol in the past year (under 21)	45%	64%
Engage in binge drinking	12%	22%
Cannabis use (any type)	26%	29%
Prescription drug use (all types)	9%	8%
Cocaine use	2%	3.1%
Heroin use	0%	.2%
Other illicit drug use (ie ecstasy, mushrooms, etc.)	5.3%	5%
Tobacco/nicotine use (any types)	31%	28%

### **MCC’s Drug and Alcohol Awareness Program Reviews**

MCC’s counselors and the Biennial Review Committee meet during the academic year to review the effectiveness of the districts AOD programming. The goal of these meetings is to discuss the types of drug and alcohol programs currently offered at MCC and the effectiveness of these programs. It appears that the effectiveness of our current programming is good due to low numbers of drug and alcohol related offenses on our campuses. However, counselors and stakeholders continue to be asked how they would improve drug and alcohol awareness programs at MCC. During the 2020 meeting counselors stated the challenges of getting students to participate in on-site programs as being a continual problem for AOD activities, although participation has increased when virtual programs were provided in 2020 due to the pandemic. Stakeholders did state that bringing in quality on-site speakers has improved student participation. Feedback from the counselors was collected by The Biennial Review Committee in March of 2021 to review programming and student feedback from 2019 and 2020.

Counselor ideas for future programming:

1. Continue outreach to instructional community for interest in participation in scheduled counseling office programming events.
2. Continue offering events for the campus community to raise understanding and awareness levels for alcohol/drug intervention, prevention, and awareness practices.
3. Continue maintaining relationship with First Call KC for programming assistance and escalated student-in-need referrals.
4. Continue offering interactive events such as drunk/drug goggles, DUI exercises, marijuana jeopardy, and drunk nerf dodgeball.
5. Consider a combination of on-campus and virtual events in the future to increase participation and offer options for students.
6. Offer educational opportunities regarding marijuana given the recent legalization of medical marijuana usage in Missouri.

### **MCC’s Drug and Alcohol Awareness Program Student Feedback**

MCC’s program feedback will continue to be used by MCC’s Biennial Review Committee and counselors from each campus to improve upon current programming and prepare additional programming to continue meeting students’ needs. Some data was collected in the last two years and is listed below. Unfortunately, an IT network disruption occurred at MCC in March 2020, and most of the survey data from 2019 and early 2020 was lost.

The data below is an example of the positive effects of MCC's AOD programming. Pre and post-program evaluations were administered to students and evaluated by MCC and local AOD specialists. The specific student feedback is from a program titled First Call Alcohol/ Drug Prevention & Recovery which involved viewing the Netflix Documentary, "Heroin(e)." Such data tracking allows MCC to make decisions on the effectiveness of the AOD activity.

A Pre/Post-Training Evaluation created with input from First Call consisted of three [3] questions and one [1] comments question. Of the 39 participants, 22 evaluations were received for a return rate of 56%. However, each survey area yields positive gain from participants with the largest gain in Q2. Based on viewing the documentary, activity, and Q/A, participants increased their awareness skills significantly in Q2 and satisfactory in Q1 and Q3.

Q1: I understand the physical impact that alcohol and drugs have on the human body?

Q2: I can identify the physical signs and consequences of opioid addiction?

Q3: I understand the academic and career consequences to consuming alcohol and drugs irresponsibly?

The institution will continue to monitor the effectiveness of AOD programming while continuing to provide support and programming at each of our five campuses and administration center.

#### **Strengths of MCC's Alcohol and Drug Programming**

- Year-round programming is available to the students and employees of MCC.
- Annual notifications are sent to students of required elements of MCC's policies and student code of conduct, including the Clery Report.
- A low rate of alcohol and drug-related incidents have occurred during the 2019 and 2020 academic years as evidence by our annual security reports.

#### **Opportunities to Improve Alcohol and Drug Programming**

- Expand the Biennial Review committee to include at least one MCC student to assist and give feedback for the following: 1) review the data from drug, alcohol and tobacco use prevention activities as it becomes available; 2) review MCC's Drug and Alcohol Abuse Prevention Program policies and procedures and put forward any recommended changes; and 3) develop and release future biennial reports.
- Better publicize MCC's alcohol-free student events in a manner which expresses the event is an alternative to binge drinking, partying, etc.
- Continue to provide student events and activities that offer student safe and alcohol-free alternatives.
- Continue assessing and promoting AOD programming for students, faculty, and staff.
- Explore utilizing social media toward alcohol and drug prevention efforts as this platform may be leveraged to reach many segments of our student population.
- Continue reviewing Drug and Alcohol Resources Guidelines brochure for updates.
- Continue updating and revising the required information, as described in the DFSCA, for annual distribution to faculty and staff using multiple methods.
- Continue to partner with faculty and staff in order to raise awareness of drug and alcohol abuse and ensure faculty and staff are equipped with updated resources.
- Use the MACHB data to inform future programming.

Metropolitan Community College has developed a comprehensive approach to address alcohol and other drug issues on campus. The College will continue to develop, assess, and pursue the best



practices for our campus community to create a safe and healthy learning and working environment for our students and employees.

**Student, Faculty, and Staff Programming for 2019 and 2020, See Chart:**

Due to the data breach that occurred in 2020, much of our data related to attendee numbers has been lost. This information is included below where available.

<b>Event/Training</b>	<b>Campus</b>	<b>Date</b>	<b>Audience</b>	<b>Training Provided By</b>	<b>Approx. # Attendees</b>
Happy Hour Sex, Drugs, and Mocktails	BR	2/3/2019	Students, Faculty/Staff	Counseling	N/A
Mental Health Resource Fair	MW	2/5/2019	Students	Counseling, First Call KC, & NAMI-KC	Unable to collect due to mixed traffic at event
Safe Spring Break	PV	3/6/2019	Students	Campus Life & Leadership	N/A
Heroin(e) Netflix documentary	MW	3/28/2019	Students	Counseling & First Call KC	39
Alcohol and Drug Video Loop	PV	All of April 2019	Students	Counseling	N/A
Alcohol and Drug Campus Display and Resources	PV	All of April 2019	Students	Counseling	N/A
Mocktail Alcohol Awareness	LV	9/25/2019	Students, Faculty/Staff	Counseling, MCC Police, & Campus Life & Leadership	65
Health and Wellness Fair	PV	11/7/2019	Students	First Call, TMC Behavioral Health, KC Cares, & Swope ReDiscover	N/A
Campus Display/Resources	PV	11/12-16/2019	Students	Counseling	N/A
Alcohol and Drug Video Loop	PV	11/12-16/2019	Students	Counseling	N/A
Alcohol and Drug Goggles	PV	11/12-16/2019	Students	Counseling	N/A
Adults in Recovery Panel Discussion (2 sessions)	MW	11/13/19	Students	Counseling & First Call KC	65
Sobriety Test	PV	11/14/19	Students	Counseling & MCC Police	N/A
First Call Presentation	PV	11/13/2019	Students	Counseling & First Call	N/A
Safe Spring Break	PV	3/11/2020	Students	Campus Life & Leadership	N/A

Mocktail Alcohol Awareness (virtual event)	LV	9/23/2020	Students, Faculty/Staff	Counseling & Campus Life & Leadership	0
Mass email to students with resources	PV	11/2/2020	Students	Counseling	N/A
Social Media re: Drug and Alcohol Awareness	PV	11/2-11/6 2020	Students	Counseling & Media	N/A
The Impact of Vaping (virtual event)	PV	11/4/20	Students	Counseling & First Call KC	41
The Biology of Substance Abuse (virtual event)	MW	11/18/2020	Students	Counseling & First Call KC	16
The Impact of Vaping (virtual event)	MW	11/18/2020	Students	Counseling & First Call KC	15
Title IX Awareness/Student On-line training	BR	ongoing	all MCC students	Administration	
MCC Counselor Website	PV	ongoing	Students, Faculty/Staff, Community	Counseling	
MCC Counselor Website	PV	ongoing	Students, Faculty/Staff, Community	Counseling	
MCC Employee Training	All	ongoing	Faculty/Staff		

### **Conclusion**

Metropolitan Community College is committed to the process of continuous improvement. We look forward to the opportunity to focus on our goals and recommendations for the next review. These goals will form the basis for continued campus efforts and additional planning.