

Free Hot Meals in Kansas City

(This list is only meals, not pantries)

Name	Location	Times	Days
Gold Dome	20 W. 9th	0700-0800	M-F
True Light	717 E. 31st	0700-0930	M- Sat
Peer Center	800 E. 21st	Arrive by 1645	M-F
Trinity UMC	620 E. Armour	1200-1300	Mondays
Shower House	201 Westport Rd.	0700-100	Sundays
Larazus Ministries	3151 Olive	1100-1200	Saturdays
Hope Faith	705 Virginia	0830 + 1100	M-Sat
Community Kitchen	750 Paseo	1200-1400	M-F
Salvation Army	3013 E. 9th	1130-1230	M-F
Micah Ministries	606 Gladstone	1730-1900	Mondays
Hope City	5101 E. 24	1300-1700	M-F
Gathering Table	5001 Independence	0800-0900	Su, Wed, Sat
Swope Parkway COC	5620 Swope Parkway	1200-1330	Tuesday
Saint Mary's Kitchen	645 Nebraska	1100-1230	Everyday
Raytown Chapel	5413 Blue Ridge Cut	1730-1830	Wed
Englewood AG	10628 E. Winner Rd	1800-1845	Wed
Renewed Hope	Washington Park	1700-1800	Fridays
Stone Church	1012 W. Lexington	1800-1830	Wed
Bethel FWC	10801 Ruskin Way	1100-1300	Tuesday
St. Peter	110 E. Red Bridge Rd	0830-1030	Saturdays
Food Not Bombs	3537 Independence Ave	1600-1630	Sundays
Bowers CME	2456 Park Ave	1800-1900	Wednesday
Grace Center	3601 Sherling	0900-1130	Sundays
Bee Hive Recovery	31st and Prospect	1100-1115	Sundays
Big Belly Kitchen	8940 Wornall	1100-0000	Tues-Sun
Cherith Brooks	3308 E. 12th	0830-1100	Mon, Tues, Thur.
Free Hot Soup	Fed Park	1400-1500	Sundays
Justice Center	2908 Indiana Ave.	1200-1300	Thursday
Neighbor 2 Neighbor	3531 Wabash Ave	1100-1230	M-F
Grill for Glory	3634 Brooklyn Ave	1100-1300	Saturdays
Redemptorist	207 Linwood	1000-1300	M-F
Unity Southeast	3421 E. Meyer	0800-1000	Saturdays
Trinity Pres.	1400 W. Sheley Rd.	1130-1300	2nd Saturdays

Note: This list does not include mobile organizations that do not have regular locations.