

**10 Hour General Industry
XYZ Company
Any City, Any State**

Time	Hour	Tuesday, January 2, 2024	Instructor
8:00 - 9:00	1	Intro to OSHA	John Doe
9:00 - 10:00	1	Walking & Working Surfaces	John Doe
10:00 - 10:15		Break	
10:15 - 11:15	1	Exit Routes, Emergency Action Plans	John Doe
11:15 - 12:15	1	Electrical	John Doe
12:15 - 12:45		Lunch	
12:45 - 1:45	1	Personal Protective Equipment	John Doe
1:45 - 2:45	1	Hazard Communications	John Doe
2:45 - 3:00		Break	
3:00 - 3:30	0.5	Machine Guarding	John Doe
3:30 - 4:00	0.5	Lockout/Tagout	John Doe
Time	Hour	Wednesday, January 3, 2024	Instructor
8:00 - 9:00	1	Bloodborne Pathogens	John Doe
9:00 - 10:00	1	Ergonomics	John Doe
10:00 - 10:15		Break	
10:15 - 11:15	1	Safety & Health Programs	John Doe
	10	Total Topic Hours	