

## Verbal Signs of Consent

### What Consent sounds like

Yes  
I'm sure  
I know  
I'm excited  
Don't stop  
More!  
I want to...  
I'm not worried  
I want you/it/that  
Can you please do...  
I still want to...  
That feels good  
I want to do this right now  
I feel good about this  
I'm ready  
This feels right  
Yes

### What No Consent sounds like

No  
I'm not sure  
I don't know  
I'm scared  
Stop  
No more  
I want to but...  
I feel worried about...  
I don't want you/it/that  
Can you please not do...  
I thought I wanted to, but  
That hurts  
I want to do this, but not right now  
I don't know how I feel about this  
I'm not ready or not sure if I'm ready  
This feels wrong  
(Silence)

## Nonverbal Consent

### Possible signs of Consent

Direct eye contact  
Initiating sexual activity  
Pulling someone closer  
Actively touching someone  
Nodding "Yes"  
Laughter and/or smiling  
Open body language  
Active body

### Possible signs of No Consent

Avoiding eye contact  
Not initiating any sexual activity  
Pushing someone away  
Avoiding touch  
Shaking head "no"  
Crying and/or sad or fearful  
Closed body language  
Just lying there