**COURSE INFORMATION FORM**

**DISCIPLINE**  
Criminal Justice

**COURSE TITLE**  
Group and Individual Counseling in Corrections

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**CATALOG DESCRIPTION**

This course introduces students to some basic principles of human behavior and techniques for changing attitudes and behaviors within a group or individual setting. Counseling settings will focus on correctional facilities both traditional and community-based and the corrections population.

**PREREQUISITES**

CRJU 105

**EXPECTED STUDENT OUTCOMES IN THE COURSE**

Upon completion of this course, the student will be able to:

1. Identify and explain various situations and issues in a correctional facility
2. Classify individual behaviors and how they relate to the formation of a group
3. List techniques used to modify behavior and evaluate techniques that would benefit the group or individual
4. Explain the role of trust using theories and principles in reducing defensiveness and resistance within a group or individual.
CLASS-LEVEL ASSESSMENT MEASURES

Student accomplishment of expected student outcomes will be assessed using the following measures. (Identify which measures are used to assess which outcomes.)

- Exams (1,2,34)
- Role play situations (1,4)
- Group Projects (3)

PROGRAM-LEVEL OUTCOMES ADDRESSED

General Education Outcomes
Specify which general education outcomes, if any, are substantially addressed by the course by completing the “Course/Program Assessment Matrix” to show the relationship between course and program outcomes and assessment measures.

Occupational Program Outcomes
Specify which occupational program outcomes, if any, are substantially addressed by the course by completing the “Course/Program Assessment Matrix” to show the relationship between course and program outcomes to assessment measures.
Individual instructors may order this outline as fits the needs of their individual courses. In addition, they may place more emphasis on some areas than on others. What is assured is that this particular list is covered in the course. Other topics may be added to a course as the instructor sees fit, and as time and interest allow. An *asterisk can be used to mark an item as optional.

I. Introduction to Group Work
   A. An Overview to Counseling in Correctional Settings
   B. A Multicultural Perspective of Group Work

II. The Counselor: Person and Professional
   A. Professional Development Training
   B. Professional Training

III. Ethical and Legal Issues in Counseling
   A. Involuntary Membership
      a. Court Mandated
      b. Bureau of Prisons or Department of Corrections Mandated
   B. Freedom to Withdraw from the Group
   C. Psychological Risk for Members

IV. Practical Consideration in Forming a Group
   A. Group Composition
   B. Group Size
   C. Frequency and Duration of Meetings
   D. Open versus closed Groups

V. Individual and Group Characteristics
   A. Initial Resistance
   B. Hidden Agendas
   C. Intimidating or violent personality
   D. Trust versus Mistrust
   E. Anxiety and Anger
   F. Conflict, Confrontation and Challenge to the Counselor

VI. Problem Behavior and Difficult Members or Individual
   A. Silence or lack of Participation
   B. Monopolistic Behavior
   C. Hostile and intimidating behavior

VII. Termination of the Individual Counseling or Group Experience
   A. Dealing with feelings of separation
   B. Dealing with unfinished business
   C. Reviewing group experience