



METROPOLITAN
COMMUNITY COLLEGE

Blue River | Longview | Maple Woods | Online | Penn Valley

Biennial Review of Alcohol and Other Drugs Prevention Program 2021 & 2022

Review Completed by the Biennial Review Committee

March 29, 2023

Preparing students, serving communities, creating opportunities for all

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Preface

Metropolitan Community College (MCC) is committed to a safe, secure, healthful and drug-free work, campus and community environment, and has adopted the Drug-Free Schools and Communities Act and Drug-Free Workplace Act standards as part of its own policies. The College has implemented alcohol and drug abuse prevention programming including formal notifications and education. All applicable alcohol and drug regulations, including federal and state underage drinking laws, are enforced.

The Drug-Free Schools and Communities Act

The Drug-Free Schools and Communities Act (DFSCA) requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, institutions of higher education collect information regarding drug and alcohol prevention policies, procedures and programs for students and college employees both on school premises and as part of any of its activities.

In order to certify its compliance with the regulations, a college or university must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities.

Creating a program that complies with the regulations requires institutions to do the following:

- Prepare a written policy on alcohol and other drugs.
- Develop a sound method for distribution of the policy to every student, faculty and staff member each year.
- Prepare a biennial review report on the effectiveness of its alcohol and other drug programs and the consistency of policy enforcement.
- Maintain its biennial review report on file so that it can be submitted, if requested, to the U.S. Department of Education, other entity or individual.

Compliance with the DFSCA

In support of the health and safety of the College's students and employees, and pursuant to the requirements of the Drug-Free Schools and Communities Act, MCC has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by students and employees on its premises and as a part of its activities as demonstrated through this biennial review. MCC has a policy on alcohol and other drugs (AOD) which is distributed to every student and employee.

MCC formed a committee to conduct the biennial review for 2021 and 2022. The members of the biennial review committee include:

- Kim Fernandes-Director of Student Disability Services
- Dr. Jon Burke-MCC-Blue River Dean of Student Development
- Clayton Robinson-MCC-Maple Woods Counselor
- Captain Brenda Hasty-MCC-Administrative Center Police Department

A hard copy of this report is available with each of MCC's five campus Deans of Student Development, the district's Associate Vice Chancellor of Student Financial Services, and in the [Consumer Information](#) section on the MCC website.

Materials Reviewed, Processes and Programming

The following policies and guidelines which provide information related to alcohol and drug use prevention were reviewed for this biennial review. MCC policies and guidelines which provide information related to alcohol and drugs can be found in designated offices as well as website links:

- Past MCC Biennial Reviews and Data
- MCC Catalog and Student Handbook
- MCC [Annual Security Report](#)
- MCC's [Consumer Information site](#) has multiple links dedicated to the DFSCA.
- [MCC Drug and Alcohol Awareness](#)
- [MCC Drug Free Workplace, Campus and Community Policy](#)
- [MCC Drug Free Workplace, Campus and Community District Regulation](#)
- [MCC Tobacco Free Board Policy](#)
- [MCC Tobacco-Free District Procedure](#)
- [Prohibited Student Conduct/Student Code of Conduct](#)
- [Summary of Disciplinary Actions](#)
- [Other Resources: Prevention Programs, Health Risks, Relevant Missouri Laws](#)
- The Higher Education Amendments of 1998, (P.L. 105-244) and the Drug-Free Schools and Communities Act Amendments of 1989, (P.L. 101-226)
- The Alcohol and Other drug programs and policies (EDGAR Part 86.100)

During the years of 2020 and 2021, MCC continued implementing effective programs which have supported the district's very low number of alcohol and drug-related incidents. MCC's students and employees engaged in interactive activities and programs, including educational programming, student surveys, and meetings with DFSCA dialogue involving many MCC employees, including the following:

- Karen Moore-Associate Vice Chancellor of Student Success and Engagement
- Dr. Jon Burke-Dean of Student Development MCC-Blue River
- Dr. Diana McElroy-Dean of Student Development MCC-Longview
- Terrell Tigner-Dean of Student Development MCC-Maple Woods
- Christine Howell-Dean of MCC-Online
- Dr. Samaiyah Scott-Dean of Student Development MCC-Penn Valley
- 10 MCC Counselors representing four campuses

MCC's Drug and Alcohol Policy

MCC is committed to a safe, secure, healthful, and drug-free work, campus, and community environment, and has adopted the Drug-Free Schools and Communities Act and Drug-Free Workplace Act standards as part of its [district policy](#) and [regulation](#). All applicable alcohol and drug regulations, including federal and state underage drinking laws, are enforced. The unlawful possession, use, and/or sale of alcoholic beverages and illegal drugs are specifically prohibited, and violations carry substantial sanctions up to and including expulsion or termination of employment and/or referral for prosecution. MCC standards of conduct prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on the college's property or as part of any of its activities. Alcohol is permitted on college property only in certain limited circumstances when required approvals have been obtained.

MCC Student Code of Conduct DFSCA

MCC is committed to maintaining a teaching and learning environment that fosters critical thinking, creativity, personal integrity, and positive self-esteem. The intent of the [Student Code of Conduct](#) is to define a collegiate standard of behavior and to describe the actions to be taken if a person disregards this standard. As such, MCC's standards of conduct prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on the college's property or as part of any of its activities. Alcohol is permitted on college property only in certain limited circumstances when required approvals have been obtained.

All applicable alcohol and drug regulations, including federal and state underage drinking laws, are enforced. The unlawful possession, use, and/or sale of alcoholic beverages and illegal drugs are specifically prohibited, and violations carry substantial sanctions up to and including expulsion or termination of employment and/or referral for prosecution. (See MCC Board Policy and District Regulation 3.30060, §§195.003, RSMo et. seq.) The state of Missouri sets the minimum age to purchase or possess any alcoholic beverage at 21. Specific ordinances regarding violations of alcohol laws, including driving while intoxicated, are available from the MCC Police Department. The number of arrests, referrals and disciplinary actions related to drug abuse and liquor law violations at the institutional level for all of our campuses for the time period of this review is extremely low (see [Annual Security report](#)).

Annual Security Report

The [Annual Security Report](#) is published on an annual basis as required under The Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, 20 U.S.C. § 1092(f) (“Clery Act”) as amended by The Violence Against Women Reauthorization Act of 2013, and include statistical, policy and procedural information as required by law.

The MCC police department prepares the annual security report to comply with the Clery Act. The crime statistics included in the report are compiled from reports received by the MCC police department, deans of students, chancellor’s office and other campus security authorities and from reports provided from local law enforcement agencies. Each year, an email notification is sent to all enrolled students and employees that provides the website to access this report. Copies of the report may also be obtained from the MCC Police Department.

The report includes MCC’s Alcohol and Other Drug Policies and Incidences. The data is studied regularly to make decisions for future training and programming for MCC students and personnel.

There have been no significant increases or decreases in MCC drug and alcohol violations. The data shows continued very low numbers of infractions with **zero** drug abuse and liquor law violation reports for all MCC campuses during 2021 and 2022.

Employee Awareness of Policies

All employees are given a copy of MCC’s drug-free workplace policy at New Employee Orientation. The policy and regulation are also emailed annually to all employees. Compliance training, including a course on drug-free workplace, must be completed annually by employees as of 2022.

Student Awareness of Policies

Students are made aware of MCC’s drug and alcohol prevention policies, procedures and programs through email notification, online orientation, campus AOD activities, campus flyers, pamphlets, counselor class visits, and information posted in Blackboard/Canvas course shells by faculty. Social media posts related to campus activities and programming continue to improve awareness of events and activities. Student surveys will be explored for implementation to measure the effectiveness of AOD programming awareness and produce additional target programming.

Campus Drug & Alcohol Resources and Programs

Each campus has developed a process to address the use of illicit drugs and abuse of alcohol by students and employees. The programs include the distribution of informational materials, educational programs, referrals, and college disciplinary actions. Students with alcohol or drug-related problems are encouraged to contact the campus counseling office for [referrals](#) to private and community agencies. Employees with alcohol or drug-related problems are encouraged to contact the MCC Human Resources office for information and referral to the district employee assistance program.

MCC Cares

Metropolitan Community College (MCC) cares about the health, safety, and success of our students and campus community. [MCC Cares](#) coordinates established resources to respond to students in distress.

Missouri Partners in Prevention MACHB 2021 and 2022 Data

In 2021 and 2022, MCC continued our partnership with Missouri Partners in Prevention to assess MCC students' attitudes and behaviors related to drugs and alcohol and mental health.

2021: A total of 229 students from all five campuses participated for a return rate of 14%. This is lower than the return rate in 2020 (18%)

2022: A total of 171 students from all five campuses participated for a return rate of 17%, a higher return rate than 2021, but slightly lower than 2020.

The MCC results were compared with survey results from other Missouri institutions of higher education. Below are the overall findings related to drugs and alcohol, comparing the two years reviewed for this report with the previous year's data. The data shows that drug and alcohol usage in many areas has decreased in the past few years. From the data, it appears that programming related to prescription drug use and illegal drug use, especially heroin, could be particularly useful at MCC as these are on the rise. Educational programming on these topics were provided.

Survey Question	MCC 2020	MCC 2021	MCC 2022	Other MO Colleges 2022
Used alcohol in the past year	72%	65%	53%	65%
Used alcohol in the past year (under 21)	45%	48%	31%	55%
Engage in binge drinking	12%	11%	11%	24%
Cannabis use (any type)	26%	25%	28%	29%
Prescription drug use (all types w/o prescription)	9%	8.9%	6.8%	6.3%
Prescription drug use (all types with prescription)	5.7%	4.2%	5.7%	4.9%
Cocaine use	2%	3.7%	3%	3%
Heroin use	0%	.5%	1.1%	1%
Other illicit drug use (ie ecstasy, mushrooms, etc.)	5.3%	5.8%	5.5%	6%
Tobacco/nicotine use (any types)	31%	30%	25%	24%

Activities Summary

MCC offers a broad range of alcohol and drug abuse awareness activities ranging from formal presentations to information and resource tables as well as alcohol and drug-free activities. The purpose of these activities is to divert high-risk drinking while introducing safe pro-social activities. All student activities are alcohol-free events. There are many student activities throughout the academic year which encourage student participation while in an alcohol-free environment. A sample of student activities that took place over the last two years includes student club activities, movies, concerts, comedians, speakers, etc. MCC also offers a wide variety of programs and non-touch programming related to drug and alcohol awareness. There is a high level of collaboration between counselors, Campus Life & Leadership and Student Engagement staff, and Campus Police to provide drug and alcohol programming on each campus.

Student, Faculty, and Staff Programming for 2021 and 2022 Chart

Event/Training	Campus	Date	Audience	Training Provided By	Aprox. # Attendees
The Biology of Substance Abuse (2 sessions)	MW (virtual district-wide)	3/24/2021	Students, Employees	MW Counseling & First Call KC	30
Alcohol/Drug Community Resources Email	PV	Summer 2021	Students	PV Counseling	Sent to all PV students
Alcohol/Drug Community Resources Email	PV	Fall 2021	Students	PV Counseling	Sent to all PV students
Alcohol/Drug Community Resources Email	PV	Spring 2022	Students	PV Counseling	Sent to all PV students
The Disease of Substance Use and How Use Becomes Misuse	MW (virtual district-wide)	3/9/22	Students, Employees	MW Counseling & First Call KC	14
Alcohol/Drug Programming Email	MCC district-wide	4/1/22	Students	MCC Counseling	Sent to all MCC students
Alcohol/Drug Community Resources Email	PV	7/5/22	Students	PV Counseling	Sent to all PV students
Alcohol/Drug Community Resources Email	PV	9/12/22	Students	PV Counseling	Sent to all PV students
Current Drug Trends: Opioids & Fentanyl (2 sessions)	MW (virtual district-wide)	11/16/22	Students, Employees	MW Counseling & First Call KC	9
Wolfpack Wellness Fairs	MW	Spring & Fall 2022	Students, Employees	Information and resources provided by MW Counseling, First Call, & Tri-County Mental Health Services	26
MCC Counselor Website	PV	ongoing	Students, Employees, Community	MCC Counseling	
Alcohol/Drug Educational Brochures/Flyers	All	Ongoing	Students/Employees	MCC Counseling	

MCC Employee Training	All	ongoing	Employees	Human Resources	
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MCC’s Drug and Alcohol Awareness Program Reviews

MCC’s counselors and the Biennial Review Committee meet to review the effectiveness of the district’s AOD programming. The goal of these meetings is to discuss the types of drug and alcohol programs currently offered at MCC and the effectiveness of these programs. It appears that the effectiveness of our current programming is good due to the very low numbers of drug and alcohol related offenses on our campuses. However, counselors and stakeholders continue to discuss how they would improve drug and alcohol awareness programs at MCC. Feedback from the counselors was collected by The Biennial Review Committee in February of 2023 to review programming from 2021 and 2022:

Strengths of MCC’s Alcohol and Drug Programming

- Year-round programming is available to students and employees of MCC.
- Hosting events on one campus with virtual participation options provided to all campuses increases awareness and participation.
- Annual notifications of required elements of MCC’s policies and student code of conduct, including the Clery Report, are sent to students.
- There were zero alcohol and drug-related incidents during the 2021 and 2022 academic years as evidenced by our annual security report.
- Drug-free workplace has been incorporated into the annual compliance training required of all MCC employees.

Opportunities to Improve Alcohol and Drug Programming

- Consider switching to programming hosted by Campus Life & Leadership with counselor input to create programming more in line with other campus events, which will hopefully increase participation.
- Implement a process for consistently collecting student feedback/data on the effectiveness of drug and alcohol programming that is provided.
- Continue to provide student events and activities that offer students safe and alcohol-free alternatives.
- Better publicize MCC’s alcohol-free student events in a manner which expresses the event is an alternative to binge drinking, partying, etc.
- Explore utilizing social media toward alcohol and drug prevention efforts as this platform may be leveraged to reach many segments of our student population.
- Use the MACHB data to inform future programming.

Ideas for Future Programming

- Offer programming on heroin usage and prescription drug usage due to the MACHB results for MCC.
- Maintain relationship with First Call KC for programming assistance and escalated student-in-need referrals.
- Explore offering interactive events such as drunk/drug goggles, DUI exercises, marijuana jeopardy, and drunk nerf dodgeball.
- Offer educational opportunities regarding marijuana given the recent legalization of marijuana usage in Missouri.

MCC has developed a comprehensive approach to address alcohol and other drug issues on campus. The College will continue to develop, assess, and pursue the best practices for our campus community to create a safe and healthy learning and working environment for our students and employees.

Conclusion

Metropolitan Community College is committed to the process of continuous improvement. We look forward to the opportunity to focus on our goals and recommendations for the next review. These goals will form the basis for continued campus efforts and additional planning.